OFFICIAL GLOSSARY

Swimming Words and Terms

10-YEAR ATHLETE — an athlete who has represented the United States in a Delegation Event, World Championships, or another event designated by the USOPC (together with the USOPC Athletes' Advisory Council) and USA Swimming (together with USA Swimming's Athletes' Advisory Council) as an elite-level event for purposes of this definition, within the previous 10 years.

10-YEAR+ ATHLETE — an athlete who has represented the United States in a Delegation Event, World Championships, or another event designated by the USOPC (together with the USOPC Athletes' Advisory Council) and USA Swimming (together with USA Swimming's Athletes' Advisory Council) as an elite-level event for purposes of this definition, but not within the previous 10 years.

2-YEAR ATHLETE — an athlete who has been actively engaged within the 24 months prior to election/selection in a USA Swimming-sanctioned competition (as defined by the USA Swimming Athletes' Advisory Council and approved by the USA Swimming Athlete Representation Working Group [as defined in the USOPC Bylaws]), which may include events that categorize entrants in age restricted classifications.

ABANDONMENT — termination of an open water event prior to its completion due to safety considerations.

ACTIVELY ENGAGED ATHLETE REPRESENTATIVE — an athlete who qualifies as a 10-Year or 10-Year+ Athlete representative, or who has been actively engaged in 24 months prior to election/selection in a USA Swimming-sanctioned competition (as defined by the USA Swimming Athletes' Advisory Council and approved by the USA Swimming Athlete Representation Working Group [as defined in the USOPC Bylaws]), which may include events that categorize entrants in age-restricted classifications.

ADMINISTRATIVE REFEREE — Referee who performs the duties of an Administrative Official under 102.14 at a prelims-finals meet. The Administrative Referee should have the experience and knowledge to be able to assume the role of the Meet Referee any time during the meet, if necessary.

AGGREGATE TIME — times achieved by four individuals in separate starts which are added together to arrive at a relay time for entry purposes.

ALTERNATING KICK — the alternating movement of the legs, commonly known as the flutter kick, is the up-and-down propulsive motion of the legs where one limb moves in the opposite direction of the other at the same time.

AMATEUR SPORTS ACT — the Ted Stevens Olympic and Amateur Sports Act (1998) (or as applicable, the Amateur Sports Act of 1978), as amended from time to time.

APPRECIABLE — sufficient in extent to be recognized.

APPROVAL — a permit issued by an LSC for meets conducted in conformance with USA Swimming technical rules in which both members and non-members may compete.

ARM — that part of the body that extends from the shoulder to the wrist.

ATTACHED — status of an athlete member who represents a member club in competition after having met the requirements of Article 203.

BOARD OF DIRECTORS — unless otherwise noted, shall mean the USA Swimming Board of Directors.

BODY — the torso, including shoulders and hips.

CLOSED COMPETITION

- Competition exclusively among members of a single club
- Competition or series of competitions within an independent organization open only to members of that organization, such as: