

OFFICIAL GLOSSARY

Swimming Words and Terms

10-YEAR ATHLETE — an athlete who has represented the United States in a Delegation Event, World Championships, or another event designated by the USOPC (together with the USOPC Athletes' Advisory Council) and USA Swimming (together with USA Swimming's Athletes' Advisory Council) as an elite-level event for purposes of this definition, within the previous 10 years.

10-YEAR+ ATHLETE — an athlete who has represented the United States in a Delegation Event, World Championships, or another event designated by the USOPC (together with the USOPC Athletes' Advisory Council) and USA Swimming (together with USA Swimming's Athletes' Advisory Council) as an elite-level event for purposes of this definition, but not within the previous 10 years.

2-YEAR ATHLETE — an athlete who has been actively engaged within the 24 months prior to election/selection in a USA Swimming-sanctioned competition (as defined by the USA Swimming Athletes' Advisory Council and approved by the USA Swimming Athlete Representation Working Group [as defined in the USOPC Bylaws]), which may include events that categorize entrants in age restricted classifications.

ABANDONMENT — termination of an open water event prior to its completion due to safety considerations.

ACTIVELY ENGAGED ATHLETE REPRESENTATIVE — an athlete who qualifies as a 10-Year or 10-Year+ Athlete representative, or who has been actively engaged in 24 months prior to election/selection in a USA Swimming-sanctioned competition (as defined by the USA Swimming Athletes' Advisory Council and approved by the USA Swimming Athlete Representation Working Group [as defined in the USOPC Bylaws]), which may include events that categorize entrants in age-restricted classifications.

ADMINISTRATIVE REFEREE — Referee who performs the duties of an Administrative Official under 102.14 at a prelims-finals meet. The Administrative Referee should have the experience and knowledge to be able to assume the role of the Meet Referee any time during the meet, if necessary.

AGGREGATE TIME — times achieved by four individuals in separate starts which are added together to arrive at a relay time for entry purposes.

ALTERNATING KICK — the alternating movement of the legs, commonly known as the flutter kick, is the up-and-down propulsive motion of the legs where one limb moves in the opposite direction of the other at the same time.

AMATEUR SPORTS ACT — the Ted Stevens Olympic and Amateur Sports Act (1998) (or as applicable, the Amateur Sports Act of 1978), as amended from time to time.

APPRECIABLE — sufficient in extent to be recognized.

APPROVAL — a permit issued by an LSC for meets conducted in conformance with USA Swimming technical rules in which both members and non-members may compete.

ARM — that part of the body that extends from the shoulder to the wrist.

ATTACHED — status of an athlete member who represents a member club in competition after having met the requirements of Article 203.

BOARD OF DIRECTORS — unless otherwise noted, shall mean the USA Swimming Board of Directors.

BODY — the torso, including shoulders and hips.

CLOSED COMPETITION

- Competition exclusively among members of a single club
- Competition or series of competitions within an independent organization open only to members of that organization, such as:

- YMCA competition
- Summer league competition
- Conference competition
- Closed competition does not include representing a group within USA Swimming such as LSC, Zone, Region, or Section, nor does it include dual meets, invitationals, or other meets where only certain clubs are invited to participate.

CLUB — an organization which has been accepted for membership in USA Swimming.

COMPETITION CATEGORY — stated as men or women for the purpose of athlete swimming eligibility, competition, selection and records. An athlete's stated competition category shall be referred to as "gender."

CONFORMING TIME — time achieved in a course that corresponds to the meet competition course.

COURSE — designated distance over which the competition is conducted.

LONG COURSE — 50 meters.

SHORT COURSE — 25 yards or 25 meters.

DECK CHANGE — changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes.

DECK REFEREE — the deck level Referee who may be assigned by the Meet Referee to perform specific duties as enumerated under 102.11 during a session.

DELEGATION EVENT — individually or collectively as applicable, the Olympic Games, the Olympic Winter Games, the Paralympic Games, the Paralympic Winter Games, the Pan American Games, and the Parapan American Games.

DISABILITY — a permanent physical or cognitive disability that substantially impacts one or more major life activities.

DRAW — random selection by chance.

DUAL COMPETITION — competition between two teams.

END OF COURSE — designated wall for racing turns and finishes.

ESCORT CRAFT — boats or paddle boards used in open water competition for the swimmers' safety and logistical support.

ESCORTED SWIM — an open water event in which each swimmer is required to have an escort craft accompany the swimmer throughout the race.

EVENT — any race or series of races in a given stroke and/or distance. For competitive limits, one event is inclusive of preliminary heat(s) plus its related final(s), or one timed final, or one time trial.

EX-OFFICIO — a member of a board or committee serving by virtue of some other office or position held (whether in USA Swimming, in an Allied or Affiliate Member, or otherwise), or by virtue of an appointment to such committee or board pursuant to the Bylaws of USA Swimming. Ex-officio members have full rights of membership including the right to vote (unless otherwise provided in the Bylaws or Policy Manual). Ex-officio members without the right to vote are not counted to establish a quorum (unless expressly provided otherwise in the Bylaws).

FEED POLE — a mechanical implement used by coaches or support personnel to deliver fluid and/or food to open water swimmers during the race.

FINALS — a session of a meet in which the concluding heats of an event are contested which may include championship, consolation, or bonus finals.

- Championship (A) Final — the fastest heat of swimmers competing in Finals
- Consolation Final(s) — the second fastest and subsequent heats of swimmers competing in