



Standing Broad Jump Test

Multi-athlete recording sheet

Date _____ Assessor _____ Location _____ Warm-up/version _____

FIELD / UNIT	ATHLETE 1	ATHLETE 2	ATHLETE 3	ATHLETE 4	ATHLETE 5	ATHLETE 6	ATHLETE 7	ATHLETE 8
Attempt 1 cm								
Attempt 1 valid?								
Attempt 2 cm								
Attempt 2 valid?								
Attempt 3 cm								
Attempt 3 valid?								
Best valid cm								
Surface/footwear								
Landing note								
Symptoms/notes								

RECORD THE EXACT PROTOCOL AND STOP REASON.
Compare like-for-like conditions. Do not convert this sheet into medical diagnosis, clearance or unsupported universal pass/fail standards.