



TEAMGOLDUSA

www.teamgoldusa.com

Character before results — unity, respect, excellence.

TEAMGOLDUSA COACH & STAFF CODE OF CONDUCT

Purpose Coaches and staff are trusted adults and role models. This Code of Conduct outlines professional, ethical, and Safe Sport expectations for all TEAMGOLDUSA coaches and designated staff.

1. Professional Standards I agree to: • Maintain current USA Swimming membership, certifications, background checks, and Safe Sport training as required. • Know and follow USA Swimming rules, MAAPP, the USA Swimming Code of Conduct, and TEAMGOLDUSA policies. • Represent TEAMGOLDUSA with professionalism in all communications and public settings.
2. Athlete-Centered Coaching I will: • Provide a safe, positive, and inclusive environment for all athletes. • Focus feedback on skills, effort, and choices—not on body type, appearance, or worth. • Avoid yelling, insults, or humiliation as a coaching method. • Respect each athlete's physical and emotional limits and encourage healthy balance.
3. Safe Sport & Boundaries I understand and agree that: • Romantic or sexual relationships with minor athletes are strictly prohibited. • Grooming behaviors (over-favoritism, secret communications, gifts, special privileges) are not permitted. • One-on-one interactions with minor athletes must follow MAAPP and be observable and interruptible whenever possible. • Physical contact must be appropriate, non-coercive, and related to instruction or safety.
4. Communication & Electronic Media I will: • Use approved communication channels and respect reasonable contact hours. • Include parents/guardians on communications with minor athletes when required by MAAPP. • Keep all communication focused on team-related matters. • Use social media responsibly and avoid interactions that blur professional boundaries.
5. Travel, Locker Rooms & Facilities I will: • Follow team travel policies, including rooming and transport rules. • Avoid being alone with a minor athlete in vehicles or lodging whenever possible. • Help enforce locker room and restroom expectations (no phones/cameras, appropriate language, no bullying). • Support facility staff and meet personnel in maintaining a safe environment.
6. Reporting & Cooperation I agree to: • Report suspected abuse, policy violations, or concerning behavior through appropriate channels. • Cooperate with investigations by the club, LSC, USA Swimming, or the U.S. Center for SafeSport. • Protect athletes and others from retaliation when concerns are raised in good faith.
7. Consequences I understand that violations of this Code, MAAPP, or USA Swimming rules may result in: • Internal disciplinary action, up to termination of employment or volunteer position. • Mandatory reporting to USA Swimming, the LSC, U.S. Center for SafeSport, and/or law enforcement. • Suspension or permanent ineligibility under USA Swimming or SafeSport processes.
8. Acknowledgment & Signature I have read and understand the TEAMGOLDUSA Coach & Staff Code of Conduct and agree to abide by its terms.

Coach/Staff Name (print): _____ Signature: _____

_____ Date: _____ Role/Position: _____
